



Hénallux presents...

Blended Intensive Programme

Health & Social Matters Busiskills · Wellbeing@work

From March 23rd to 27th, 2026 in Namur, Belgium

Online meetings: Wednesday - March 4th and 18th 6.00-8.00 pm CET

Students in international and multidisciplinary working groups will research well-being-related topics, looking for best practices in their own home countries and study fields

WHAT TO EXPECT

- ▶ Use and develop your skills
- ▶ Improve your intercultural competences
- ▶ Learn collaboratively
- ▶ Practice your English
- ▶ Register via the QR code (deadline : February 2nd, 2026)



Contact person : laurence.leonard@henallux.be

ACCOMMODATION
B&B Hotel (Namur) -
special offer for 5 nights

FOOD
3 lunches and 1 dinner
provided by Hénallux

In our BIP, you will find...

Lectures by professionals, collaborative team work, social activities in Namur and Brussels and fun !

6 topics: Generational Gap, Mental Health, Physical Health, Sense of Purpose, Management, Innovation & Creativity

Partners



Erasmus+

businet
global higher education network